

# A Week of Clarity and Life Balance

Take a purposeful break from daily pressures and allocate a week to sorting things out and gaining fresh perspectives. Join fellow executives, managers, and seekers from across the world for an extraordinary pilgrimage along the renowned Camino de Santiago in Galicia, Spain.

## **Quality Time for Yourself**

Discover what it feels like to escape the stress and hustle of everyday life. For an entire week, you'll walk at your own pace through the stunning scenery of this ancient pilgrimage route. Immerse yourself in the tranquility and beauty of Galicia, as we handle all the logistical details, allowing you to concentrate fully on yourself.

#### Intensive Time for Reflection

Guided by our experienced senior executive coaches, you will engage in a structured process that provides the space to address the significant aspects of your life:

- · Prioritize important work or life topics
- · Gain direction for the next phase of your life
- · Make thoughtful, wise decisions
- · Reflect on your own character

Over five stages, each around 25 kilometers long, you'll traverse the picturesque landscapes of the Camino de Santiago. Expect intensive one-on-one coaching, inspiring insights, group reflections, and most importantly, time for yourself.



#### Initiate Sustainable Changes

This pilgrimage is designed to combine physical movement, mental reflection, and emotional growth.

Let this week on the Camino de Santiago be a pivotal moment in your life, leading to sustainable changes that empower you in both your professional and personal future.



Ricardo Wiedenbrüg, Andreu Ortiz, Stefan Schauecker







27.09.2026 to 03.10.2026

27.09. travelling to Santiago 28.09.-02.10. pilgrimage & coaching 03.10. travelling back

## LANGUAGES

English, German, Spanish

#### YOUR INVESTMENT

2.700 € incl. accomodation, meals and coaching materials, plus VAT and travel expenses

### **REGISTRATION**

xpand Deutschland GmbH Tel. +49 (0) 821 21700080 Mail: office@xpand.pro

Information on registration and dates:



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